

Back to back to back marathons

Ultra runners can test their physical and mental endurance at the Lake Tahoe Marathon during the 9th annual Tahoe Triple and the 4th annual Super Triple.

The events are Sept. 25-27.

The Tahoe Triple has racers running three marathons in three consecutive days in two states, and circumnavigates the shoreline of Lake Tahoe. The Super Triple kicks it up with two marathons in two consecutive days (Friday and Saturday), but rather than resting Saturday night, participants hit the ground running at 10pm to run another 72 miles, which includes the Sunday marathon event.

Three years ago South African Johan Oosthuizen broke a Guinness World Record of "Fastest Aggregate Time – Three Marathons in Three Days" at the Tahoe Triple.

Oosthuizen's official time was 8:11:08. Chuck Engle of Dublin, Ohio, took home top honors last year with a three-day combined time of 9:14:27, and Suzanne Wetzel of San Luis Obispo won in the women's division with a time of 11:09:35.

A cash purse prize of \$500 is awarded to the first overall man and woman winners.

Runners and walkers have a host of events to choose from during the Lake Tahoe Marathon Race Week (Sept. 23-27).

For more information or to register, call (530) 544.7095 or visit www.laketahomarathon.com.