

Last 2009 Emotional Freedom Technique class

Learn how to eliminate emotional blocks that get in the way of your good health. Learn how to reduce chronic pain and illness.

Nov. 12 from 6-9pm.

No pre-registration, come 15 minutes early to register; Tahoe Wellness Community Center (next to Hot Gossip in the Bijou CVS/Pharmacy Shopping Center in South Lake Tahoe.

Donation only, includes workbook.

No prior experience with EFT necessary.

Want more information? Contact EFT instructor, Rosemary Manning at: (530) 541.6565 or rosemary52@sbcglobal.net.