

# South Tahoe Wrestling Club needs members

The South Tahoe Wrestling Club will have sign ups and a parent meeting Dec. 1 at 6:30pm.

Signups and practices continue Dec. 3 from 6:30-8pm.

The sign ups and practices will be at South Tahoe Middle School (Activity room attached to Old Gym near the Multipurpose room) on Tuesdays and Thursdays.

The wrestling season is from December through March and costs \$90 per year. Bring a copy of your child's birth certificate at sign-ups. Membership fee includes; 1. Secondary insurance coverage that has a deductible, 2. membership to USA Wrestling, Nevada Wrestling and Sierra Wrestling Associations, 3. SWA a T-shirt, 4. facility use and 5. experienced coaching.

Where possible, parental help is expected.

Wrestling practice clothing is old T-shirts, gym shorts and athletic shoes. Bring a desire to work hard in one of the oldest sports in history.

Call David Borges at (530) 544.5800 for more information.