

# Freestyle moguls all about Sho-time

**Sho Kashima** may have been born in El Paso, but he is clearly more comfortable in ski boots than cowboy boots.

The 23-year-old is vying for a spot on the U.S. mogul team.

**Home resort:** Heavenly Mountain Resort



Sho Kashima

**Why did you choose this resort?:** I moved to Tahoe when I was 4, and Heavenly was right in my backyard. My dad had a job there, and that's why we moved to Tahoe. Heavenly has been really supportive throughout my career on the U.S. Ski Team.

**How often are you in Lake Tahoe?:** 6-8 times a year now because of competitions/training.

**When you aren't training and competing where can we find you and what would you be doing?:** There's not much downtime, I feel like I'm always going. I'll rarely have time to myself when I'm not doing anything. I like playing Xbox if I have nothing else going on.

**After you win gold in Vancouver, what is your next goal?** Hopefully, that's the case! I'm actually not sure what I'll be doing in the future. I'd like to finish up school and hopefully some opportunities open up so I can have a nice

career after my career in skiing.

**How long have you been participating in your sport?** I've been skiing since I was 4 years old. I started skiing competitively in moguls when I was 11.

**Who inspires you most and why?** My family and friends. They give me so much support, and I'd love to make them proud by having a lot of success. I owe my community so much, they've been awesome.

**Your life is devoted to an event that is over in minutes, how do you prepare for that thrill of victory or agony of defeat?** It's hard to think about. I know my event is over in about 20 seconds, but I've been training most of my life to be where I am now. I'm really only prepared for the thrill of victory in my head, I never want to be prepared to fail. All I can do is keep training and competing hard, and ski my best runs, and keep improving my skiing no matter what I'm ranked in the world. Even if I become the best skier in the world, I will have room to improve somewhere.

**Anything else you would like to add?** My twitter: shotime2010, I usually update that once a day.