

6-week caregiver classes start in April

A series of six classes is designed to provide instruction and support for caregivers who are or plan to care for a family member or friend 60 years of age or greater.

Classes will be for six weeks on Mondays beginning April 5. They will be from 1-3pm at Embassy Suites, 4130 Lake Tahoe Blvd., South Lake Tahoe. Classes are free.

To register, call El Dorado County Department of Human Services Family Caregiver Support Program at (530) 621.6151.