

9-week grief counseling class starts in March



In addition to Barton Hospice's™ ongoing "Memory Dish Bereavement Groups" that meet twice monthly, there will be a nine session focused group called "Understanding Your Grief" beginning March 3.

"Understanding Your Grief" is sponsored and facilitated by Barton Hospice.

Pre-registration is required and the group will be limited to 10 people. After the second session, registration will be closed.

"Understanding Your Grief" is for anyone who has experienced the death of a loved one.

Dates of the nine sessions are March 3, March 17, March 31, April 14, April 28, May 12, May 26, June 9 and June 23.

The group will meet at the Barton Foundation Office, 2092 Lake Tahoe Blvd., Suite 600, South Lake Tahoe.

For more information or to register, call Phillipson at (775) 220.0342 or Gina Bemis at (530) 543.5591.