Aging v. Alzheimer's class

Did you realize that memory loss is not a normal part of aging? That there are many possible reasons for memory loss and that some are reversible? Debra Frederick, Integrated Behavior Healthcare, will address these issues and more in Long Journey: Healthy Cognitive Aging vs. Alzheimer's Aging as part of the Caregiver Educational training series on April 26 from 1-3pm, Embassy Suites, 4130 Lake Tahoe Blvd., South Lake Tahoe.

Questions? Contact Family Caregiver Support Program at (530) 621.6151.