

Buddhist monk talk in South Tahoe

Venerable Geshe Thupten Phelgye, a Tibetan Buddhist monk and member of the Tibetan Parliament in exile, will speak on “Compassionate Lifestyle for Healthy Living” including topics such as how to find more happiness and health by living a more compassionate lifestyle, animal rights and vegetarianism.

March 5 at 7pm at the Blue Angel Cafe Loft, South Lake Tahoe