

Dugard family healing process captured by ABC

By Alan B. Goldberg and Sarah Netter, ABC News

The home video shows a portrait of a healing family – a mother and her two daughters baking cookies, riding horses and laughing together.

After sustaining years of abuse, Dugard discusses her long recovery.



Jaycee Lee
Dugard

It's the first glimpse at the freedom kidnap survivor Jaycee Dugard has enjoyed since her rescue last summer from the backyard lair where she was held captive for nearly two decades.

"Hi I'm Jaycee. I want to thank you for your support and I'm doing well," Dugard said in her first public statement since the arrest of her alleged captors. She is seated, dressed in a black shirt and jeans and a pink baseball cap, and feeding two spaniels.

Read the whole story