

Eating local key to saving farming land

By Helen Thompson, Sacramento Bee

Why is agriculture vital to the Sacramento region?

To start, our region's farms help feed the world. Roughly half of the nation's specialty crops come from California, while more than 28 percent of the state's production is shipped overseas. Agriculture also is one of the few regional bright spots in this recession, increasing about \$300 million in value – a 22 percent jump since 2006.

[Read the whole story](#)