

EFT workshop in South Tahoe

Emotional Freedom Technique Workshop – The Basics on June 18 from 6-9pm at Lake Tahoe Spiritual Living Center, 3665 Tamarack Ave., South Lake Tahoe.

Ready to make some positive changes? Why not take just three hours out of your busy life to learn an amazing, easy to learn technique that can help you feel healthier and more positive. Cost; \$40, which includes power point presentation, handouts, demonstrations and supervised practice. Registration begins at 5:30pm.

Questions? Email workshop instructor Rosemary Manning at tahoehealthtouch@yahoo.com.