

Learn the ropes of backpacking

If you've wanted to try backpacking but weren't quite sure how to get started, then join the TRTA for Backpacking 101.

Led by seasoned guides and Snowcamping 101 instructors Wayne McClelland and Jordan Summers, this class will go over all the basics of backpacking from what to bring and how to pack to choosing a campsite and cooking your meals.

The two will guide participants to Gray Lake on a 5-mile hike with 2,000 feet of elevation gain. You must be able to hike 5+ miles per day at elevation with a 20-30 pound backpack. Participants must provide their gear, food and clothing.

Backpacking 101 is designed to equip you with the confidence to plan a safe backpacking trip. This course will start in the classroom, but then you practice the skills you just learned in an overnight experience. Specifically, your guides/instructors will cover: trip planning; packing; basic orientation skills; bear awareness; campsite selection and set-up; cooking hints and demonstrations; principals of Leave No Trace.

Dates: July 11-12.

Cost: Suggested \$60 donation.

For more information, and for prerequisites for this course, call (775) 298.0238 or email programs@tahoerimtrail.org.