

Swim and other rec programs in South Tahoe

Summer registration is under way for all programs and classes at the South Lake Tahoe Parks & Recreation Complex.

There are Saturday, evening and morning swim lesson sessions available. Private lessons are going on now and continue throughout the year.

Saturday Drop-in Swim Clinics run 8-9am with Derek Beller.

Another CPR/AED class is running July 12 from 5:30-9pm.

Water Exercise runs Monday–Saturday 9-10am and the Deep Water Vertical Exercise class runs Monday and Wednesday at 6:30pm.

If you have questions, call (530) 542. 6056, check out www.recreationintahoe.com or stop by the Recreation & Swim Pool Complex at 1180 Rufus Allen Blvd., South Tahoe.