

Trans Dance on Mondays at Tallac Site

Every Monday in June, people are invited to express themselves at the Summer Trans Dance Series.

Led by Ann Thennes, participants are encouraged to let their energy connect and flow with nature. A fitness, dance, movement teacher at Lake Tahoe Community College for 15 years, Thennes uses meditation through dance.

The series takes place at the Valhalla Grand Hall at 6pm and is free of charge.

Thennes works with the elements, energies, rhythms and animals that surround the Tahoe basin and has experience in classical ballet, West African dance and free form dance meditation.

The Summer Trans Dance Series is part of the line-up of the annual Valhalla Arts, Music and Theatre festival located on the South Shore of Lake Tahoe at the historic Tallac Site.

For more information, [click here](#).