

# Golf, kayaking part of LT Marathon Week

In addition to its many running-related events, biking and triathlon competitions, the Lake Tahoe Marathon will also offer Speed Golf as part of the Lake Tahoe Marathon Race Week, Sept. 22-26.

Speed Golf takes place Sept. 23 at the Tahoe Paradise Golf Course, 3021 Highway 50. The course is 4,000 yards. Start time is 9am before the golf-only guests tee off. Participants run the 18-hole course, a distance of approximately 4K, carrying three golf clubs of their choice. Their overall score is a combination of the stroke plus run time. Participants' times start with the first drive and ends with the last putt. Golfers should bring a fanny pack to hold balls and other items. Top five awards are offered in the men and women's division.

Green fees are \$35 when you register online and \$40 via mail-in registration.

For those that would rather paddle than swing, the Lake Tahoe Marathon is also offering 5- and 10-mile kayak competitions (also scull, outriggers and canoes) Sept. 24 at the Lakeside Beach & Marina near Stateline. For the second year, Race Week will also have an event for stand-up paddle boarders with awards and windshirts.

For more information or to register (fees vary for events), call (530) 544.7095 or visit the Lake Tahoe Marathon website. The website is also home to a course map and profile and event descriptions.