

Yoga monk to speak at Unity at the Lake

Dada Nabhaniilananda is the guest speaker for Unity at the Lake on Oct. 17 from 10am-2pm.

The meeting is at the South Lake Tahoe Senior Center, 3050 Lake Tahoe Blvd.

Workshops and concert to follow.

Nabhaniilananda is a yoga monk, meditation teacher, musician and writer.

Love offering.

For more information, call (530) 544.2266 or visit www.unityatthelake.org.