

Transformational healing music

Mount Shasta keyboardist, harmonica and tabla player Anton Mizerak, singer Laura Berryhill and Nepali maestro flautist Manose will present an afternoon of transformational healing music, Nepali folk tunes and chants from around the world on Dec. 12 at noon at Unity at the Lake in South Lake Tahoe.

Mizerak lives in Mount Shasta and writes his music in nature, believing that the organic experience of sun, wind, water, snow and earth, transmitted through music, can be a valuable nurturing and healing experience.

Mizerak plays keyboards and harmonica. His music has been featured on the nationally syndicated radio show "Echoes" and on the digital New Age Music format "Soundscapes".

Unity at the Lake meets at the Senior Center, 3050 Lake Tahoe Blvd., South Lake Tahoe. For more information, call (530) 544.2266. A \$10 donation is suggested.