

Lecture about sports injury prevention in S. Tahoe

Orthopedic surgeon Terry Orr and physical therapist Chris Proctor will give a presentation about injury prevention, surgical options and sport specific conditioning on Jan. 26 from 6:30-7:30pm.

The lecture will be at Lake Tahoe Community College, Aspen Room, in South Lake Tahoe.

It is free and open to the public.

For more information, call (530) 543.5656.