

# Tahoe crews prepare for avalanche rescues

Members of the Lake Valley Fire Protection District are taking part in avalanche rescue training this month. Avalanche danger has been higher than normal this season, and personnel from Lake Valley FPD as well as surrounding agencies have already been involved in one rescue incident.



Lake Valley personnel would like to remind the public of the following avalanche safety tips:

- When enjoying the outdoors on snowshoes or skis, never travel alone. Know the capabilities of your companions, what equipment they have and their ability level, make a plan for your day, and let someone know where you'll be going and when you plan to return.
- Be familiar with the terrain, and know the snowpack conditions for the area where you'll be travelling.
- Check the weather forecast, and be prepared for fast changes in the weather.
- Wear an avalanche beacon and know how to use it; carry a shovel and a probe.
- Visit the [Sierra Avalanche Center website](#) for information regarding current avalanche danger and more safety information.