

Family day for good health

Barton is hosting a free family day at the South Tahoe Middle School multi-purpose room on April 30 from 11am to 3pm.

The event features 30 interactive health-related activities and screenings by Barton Health and other local health-related businesses and nonprofits.

A health fair is included and the CALSTAR helicopter air ambulance will be on hand. For more information, visit www.bartonhealth.org/events.