

Book highlights first aid necessities in the wilderness

By Emilie Lucchesi, Reno Gazette-Journal

There are many outdoor activities that require education and certification.

Scuba divers, for example, must train indoors under an instructor's supervision before hitting the open water. Or to legally drive a motorcycle, riders must pass a driving test and receive a special license.

But there aren't any requirements regarding hiking, camping or heading into the deep wild for sport.

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