

# **Book highlights first aid necessities in the wilderness**

**By Emilie Lucchesi, Reno Gazette-Journal**

There are many outdoor activities that require education and certification.

Scuba divers, for example, must train indoors under an instructor's supervision before hitting the open water. Or to legally drive a motorcycle, riders must pass a driving test and receive a special license.

But there aren't any requirements regarding hiking, camping or heading into the deep wild for sport.

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