

Class focuses on building self-esteem

Setting Boundaries and Strengthening Self-Esteem and Confidence is a class facilitated by Dana McKnight Flentroy on June 13 from 5:30-8:30pm.

Research has provided insight to a child's development and the influence of positive parenting, particularly for children with early "rough" starts.

The class will draw from the curriculum of Love & Logic, Positive Parenting and Beyond Consequences.

The class is at Lake Tahoe Community College, 1 College Drive, Aspen Room, South Lake Tahoe.

RSVP to Dana at (530) 541.4660 x528 or mcknight@ltcc.edu.