

# Lecture focuses on healthy cycling

As a part of the 10-day countdown to Amgen, Barton Health physical therapist, certified strength and conditioning specialist and professional bike fitter Jason Collin will join Lake Tahoe Community College's certified strength and conditioning specialist Walter Morris to present Pedaling to Peak Performance.

The event is May 12 from 6-8pm at Embassy Suites.



Jason Collin

Collin will address reducing or eliminating back, neck and knee pain while riding.

This is one of Barton's 2011 wellness lectures.