Reflections & Rhythms art hike

Trails and Vistas Art Hike on Sept 17. and Sept. 18 celebrates art and the environment at Spooner Lake, Lake Tahoe Nevada State Park.

Tours begin every 15 minutes beginning at noon on Saturday and 10am on Sunday.

Tickets are \$30. They go on sale July 1 online.

Reflections & Rhythms embodies the creative process and captures the sights, sounds and experience of the transformative art hike.

Participants will walk along a gentle 2.5-mile long trail in groups of up to 30 people, pausing at live music and dance performances, sculptures, poetry readings and innovative artistic expressions along the guided hike.

Nonprofit Trails and Vistas' mission is to create art experiences in nature that inspire environmental awareness.