

# Lecture focuses on heart disease

Heart disease is treatable and preventable. It is the leading cause of death in the United States for men and women. Heart disease includes such conditions as congestive heart failure, congenital heart disease, heart attack, coronary heart disease and peripheral artery disease.

September is Peripheral Artery Disease Month. According to the American Heart Association, PAD affects about 8 million Americans and becomes more common as people get older.



Steven Brooks

Steven Brooks a doctor with Barton Family Practice will discuss Prevention & Treatment of Heart Disease on Sept. 21 from 6-7pm at Kahle Community Center, 236 Kingsbury Grade, Stateline.

Each type of heart disease has different symptoms, although many heart problems have similar warning signs. The symptoms people experience may depend on the type and severity of the heart condition.

This free lecture is part of the 2011 Barton Health & Wellness Lecture Series.

For more information, call (530) 543.5656.