

# Take a Kid Mountain Biking Day

Nevada State Parks in cooperation with the Lake Tahoe Nevada State Park Backcountry Patrol, the Reno Wheelmen, and the Tahoe Area Mountain Biking Association will host young riders, ages 6 to 16, for a youth mountain biking event. The ride is part of a nationwide celebration known as Take a Kid Mountain Biking Day, supported by the International Mountain Bicycling Association.

The event is Oct. 1 beginning at 9:30am at the Spooner Lake entrance of Lake Tahoe Nevada State Park. Participants must bring a bike and helmet and a parent or guardian to sign the participation form. Parents and friends are welcome and encouraged to ride, too. There is no fee for the event, however there is an entrance fee to access the state park.

There will be safe riding information, bike safety checks, riding tips, and informal skill clinics. Groups of kids with similar skills will then be taken on the beginner trail around Spooner Lake by experienced bike patrol members. Goodie bags will be given to the first 50 kids to show up.

IMBA's International Take a Kid Mountain Biking Day celebrates the life of Jack Doub, an avid teenage mountain biker from North Carolina who had a true passion for the sport from an early age to the time when he passed away in 2002.

For additional information, email [info@tahoebikepatrol.org](mailto:info@tahoebikepatrol.org)