

# Food swap in Truckee

Truckee River Winery with Slow Food Lake Tahoe is hosting a food swap Oct. 30 from 2-4pm.

A food swap is where your homemade, homegrown, and foraged creations become your own personal currency for use in trading. All swap items must be homemade, homegrown or foraged by you.

Jams, pickled anything, honey, olive oil, backyard eggs, baked good, fruits, pasta – get creative. This is an opportunity to bring in a large amount of something you love to create, and leave with an array of new items from your neighbors. You can bring as little or as much as you like.

Feel free to bring a combination of items (loaves of bread and spice blends).

If possible, bring a few samples for participants to try.

Make sure to package well. We encourage earth-friendly packaging whenever possible.

Also, leaving an email address on a label is a great way to stay in contact with anyone you may meet throughout the trade.

This event is open to everyone, however you must register for the event. To register, [click here](#).

The winery is at 11467 Brockway Road, Truckee.