Holiday makeover presentations

Billed as “holiday makeover presentations”, the Nov. 7 5:3-7pm presentations are free.

Topics include “Skin Fitness” and non-surgical approaches to facial rejuvenation with Ronald M. Gemberling and “Healthy Diet and Exercise 101” with Paula Crenshaw. The doctors will answer questions afterward.

RSVP to (530) 544.7744.

The talk is at 2209 South Ave., Ste. D (across from Barton Memorial Hospital main entrance).