

# Cardiologist joins Barton Health

Cardiologist David Young is Barton Health's latest addition to the South Shore medical team.

Barton Cardiology is one of the latest investments for Barton after bringing in a new sports medicine director from the Mayo Clinic, an audiology expert and expanding patient services.



David Young

While the primary focus is addressing current cardiac patients, Barton would like to develop a cardiovascular center.

Young looks forward to being at the forefront of developing a certified chest pain center to assist in the rapid assessment and treatment of acute coronary syndromes.

“Cardiovascular disease is the number one health problem in our country and does not differ from the population of South Lake Tahoe,” Young said in a press release. “I am a firm believer in easy preventative steps to keep your heart healthy: stop smoking, exercise regularly, have a good diet, maintain a healthy weight and get regular health screenings.”