

# Travel delays do not have to become wasted time

By Gary Stoller, USA Today

San Diego-based frequent flier Saul Klein started traveling 22 years ago and estimates he has spent more than 17,500 hours – at least two years – waiting around.

He counts among his waiting time standing in security lines, checking in for flights and hotels, waiting to board or get off planes, and waiting for luggage and car rental shuttles.

Yes, the time maybe could be better spent. But strategies to reduce the amount of wasted time or take advantage of down time have “become old and boring,” says Klein, a senior vice president in the software development industry.

“I used to read a lot while traveling,” he says, “but not as much in recent years.”

Klein and other travelers who seek to better use their down travel time may want to look to some of the strategies employed by frequent flier Jason Womack, a productivity and performance adviser and author of a new book, “Your Best Just Got Better: Work Smarter, Think Bigger, Make More”.

Womack, who flew on 140 flights last year and trains for triathlons and long-distance races while traveling, is well-practiced at knowing how to eliminate wasted time during trips – so much so that he almost welcomes flight delays and the time spent waiting around.

**Read the whole story**