

Endurance swimmer to take on circumference of Lake Tahoe

Jamie Patrick, the 2011 World Open Water Male Swimmer of the Year, in August plans to swim the circumference of Lake Tahoe – 72 miles.

His team is calling his next swim The Tahoe 360 – a swim that has not been done before. It is estimated to take close to 40 hours.

Patrick, considered a bit of a maverick in the open water swimming world, last year swam 111 miles with a wetsuit down the Sacramento River.

Patrick has completed adventure swims that have taken him all over the globe.

In 2010, Patrick was the first person to complete a double crossing adventure swim of Lake Tahoe. This 44-mile nonstop swim took him 25 hours.

The summer adventure will begin at 7pm Aug. 3 and finish approximately 38 hours later. He will swim through two nights without sleep or exiting the water. He will be guided by a crew of 15 that will tend to his every need. It is estimated that Patrick will burn close to 27,000 calories on his journey. He is training up to 24 hours a week.

For more information, go online.