

# **Bullying class**

Is your child a bully or being bullied?

There will be a training class April 16 from 5:30-8:30pm at Lake Tahoe Community College in the board room to help stop bullying.

Techniques will be provided to empower youth with methods to deal with put downs and bullying, diffuse conflicts with their peers, along with preventative methods for cyber bullying. Adolescent development will be covered.

RSVP to Dana at (916) 801.9848 or [mcknight@ltcc.edu](mailto:mcknight@ltcc.edu).