

Early Mother's Day event in South Lake Tahoe

Barton Health is putting on "Mom's Morning Out" – a free event celebrating motherhood.

The event is May 5 from 10am-noon at Lake Tahoe Community College. This event is for new moms, soccer moms, mothers experiencing an empty nest, and all other types of moms.

The following will be available for every stage of motherhood:

Talks provided by local health experts

Wellness booths

Hands-on CPR Lessons with Barton University

Light brunch buffet

Hand scrub treatments

Chair massage.

Go online to RSVP, or call (530) 543-5615 or e-mail publicrelations@bartonhealth.org.