Tahoe businesses unite to help Zawadisha Fund

Five South Shore businesses are donating a portion of their proceeds in May to the Zawadisha Fund.

"She is Beautiful Lake Tahoe" is about locals honoring themselves or those they care about, while supporting Kenyan women and children as they learn life saving self-defense skills and gain economic independence through micro-loans.

The Zawadisha Fund provides financial and technical assistance to the Kenyan NGO "Dolphin" for their self-defense and AIDS education workshops and has also implemented an innovative micro-loan and savings programs for women in Eldoret, Kenya. The mission is to improve and empower the lives of women and children in Kenya.

For more information, go online or more at our website www.zawadisha.org contact Julie Lowe at jules@zawadisha.org.

The participating businesses are:

BioSpirit - Massage & More, (530) 541.5511;

Bliss Skincare Studio - Facials & More, (530) 318.8854;

Elevate Wellness Center – Acupuncture, Bodywork, and Nutrition, (530) 541-9355;

Gaialicious - Global Gifts, (530) 542.4244;

LauraNidra Yoga @ Mountain Yoga, May 19, 4-5:15pm Flow Class, all levels welcome.