Class designed to help parents whose children are bullied

The second of three sessions designed to help parents whose children are being bullied is May 7 from 5:30-8:30pm.

Techniques will be provided to empower youth with methods to deal with put downs and bullying. This series will provide usable responses and tools that empower youth to diffuse conflicts with their peers along with preventative methods for cyber bullying. Adolescent development will be covered.

People who didn't attend the first class are welcome. The third class is June 11.

Th class is at Lake Tahoe Community College's board room.

RSVP to Dana at (916) 801.9848 or mcknight@ltcc.edu.