

Ongoing assistance available for caregivers

Caregiver support groups provide an outlet to share information and feel connected to others who are also providing care.

Area meetings include:

The second Tuesday of every month from 2:30-4pm at the Georgetown Fire Station No. 61, 6283 Main St., Georgetown. The next meeting is June 12.

The second Thursday of every month from 5:30-7:30pm at the South Lake Tahoe Senior Center, 3050 Highway 50, South Lake Tahoe. The next meeting date is June 14.

The third Tuesday of every month from 5:30-7pm, sponsored by Alzheimer's Association, at the El Dorado Hills Senior Center, 990 Lassen Lane, El Dorado Hills. The next meeting is June 19.

Refreshments will be served. Free respite care is available to qualified caregivers. Pre-authorization is required for respite services.

Questions? Contact the Family Caregiver Support Program at (530) 621.6151.