

Grief group meets twice a month in South Tahoe

Barton Hospice's grief class – Reflections of Life and Loss Grief – is the first and third Thursday of each month from 3-4:30pm.

The group meets at the Barton Foundation, (2092 Lake Tahoe Blvd., Ste. 600, South Lake Tahoe).

People who have experienced the loss of a loved one or have endured a significant, life-altering event are encouraged to attend.

The benefits of a bereavement group include sharing emotional connections with others when many cannot find peace with friends and family.

For questions or more information, call (530) 543.5581.