Skate the Lake raises money for breast cancer awareness

Boarding for Breast Cancer is hosting the 8th annual Skate the Lake on Aug. 18 and 6th annual Skate the Coast on Sept. 29.

For 2012, B4BC will be dedicating funds raised by the dual events for the B4BC Survivorship Fund, which connects breast cancer survivors with health and wellness experiences in order to enhance their path of healing and long-term survivorship. Additionally, a portion of the proceeds will be granted to nonprofits in Lake Tahoe and Los Angeles County that support the Survivorship Fund's mission.

Since their inception, both events have attracted more than 1,000 participants who have fund-raised more than \$75,000 in support of advocating an active lifestyle and raising awareness and funds for B4BC's educational programs.

Skate the Lake will again return to North Lake Tahoe where the event has taken place since 2004. The longboard-a-thon course runs along a 28-mile portion of North Lake Tahoe, beginning and ending at the Heritage Plaza in Tahoe City (590 North Lake Boulevard) from 7:30am to approximately 9pm.

There will be a post party that will feature live music, food, drinks and more. On Aug. 19 is the first Stand Up for Survivors that invites breast cancer survivors and the community to participate in standup paddleboard demos and wellness activities.

Each participant must fundraise a minimum of \$50 to register. Learn more about how you can get involved with Skate the Lake online.