

Kokanee running event targets all abilities

The 23rd annual Kokanee Trail Run is Oct. 7.

Races include 5K, 10K, half marathon, and half-mile kids run.

Run with the salmon at Taylor Creek.

The half marathon begins at 9am sharp, Tadpole Trot kids run begins at 9:30am, and 5K and 10K at 10am.

Register online.

The event is put on by the Tahoe Mountain Milers Running Club in partnership with U.S. Forest Service and Camp Richardson Resort.