

# Mentors being sought to help area youth

January is National Mentoring Month and Tahoe Youth & Family Services is looking for mentors.

TYFS needs mentors for ages 4-17.

A Big Brothers/Big Sisters study shows that youth who are mentored by a trusted adult are “more confident in their schoolwork performance, able to get along better with their families, 46 percent less likely to begin using illegal drugs, 27 percent less likely to begin using alcohol and 52 percent less likely to skip school.”

Just one hour a week could change their world. These kids are just waiting for someone to take an interest in their life, to show them opportunities that they never knew existed.

There is also an on-site mentoring project with Boys & Girls Club of Lake Tahoe.

In the South Lake Tahoe area, contact Eli Stevenson at (530) 541.2445, [eli@tahoeyouth.org](mailto:eli@tahoeyouth.org). In Alpine County and surrounding area, contact Betty Hathaway (530) 694.9459, [betty@tahoeyouth.org](mailto:betty@tahoeyouth.org).