# Hospice provides sensitive life-ending care

### By Rebecca Wass

Enjoying life to the fullest may be difficult for a terminally ill person without help. Hospice care provides physical, emotional, spiritual, and social support for those who need health care associated with a terminal illness.

"Barton Hospice is attentive, sensitive, and responsive to patients' and families' needs, from information to reassurance and presence as they move through this difficult period," says Rebecca Phillipsen, licensed clinical social worker from Barton Home Health & Hospice. "In addition to addressing the physical needs of the patient, hospice understands the importance of listening to and supporting the emotional and spiritual needs of the patient and family together."

Patients who qualify for hospice care usually have a life expectancy of less than six months.

"Patients must be referred by a physician to qualify, but we're always here to help answer any questions," says Jason Collin, director of Barton Home Health & Hospice. "Most hospice care is covered by Medicare, private pay, private insurance, Medi-Cal, Medicaid, and, for those who qualify, Barton's Helping Hands program."

#### Care in the comfort of home

The Barton hospice team works with individuals, their family, and their physician to determine the most beneficial treatment. Care is provided in the comfort of the patient's own home.

"We also provide care at our skilled nursing facility at

Barton Memorial Hospital," says Collin.

The type of care provided is dependent on the patient's needs.

## Hospice services include:

- Physician services
- On-call nursing care, 24 hours a day
- Dietitians
- Home health aides
- Symptom and pain management
- Social services and case managers
- Medical supplies
- Inpatient care for acute care and short-term respite
- Physical, occupational, and speech therapy
- Spiritual care
- Bereavement follow-up for family

# Family involvement

Family members are encouraged to take an active role in providing supportive care to the patient. In doing so, the family experiences fewer feelings of helplessness.

"Participating in a loved one's care not only allows a family member to provide love and support—it also reduces any feelings of guilt or regret that may be experienced later," Phillipsen says, "and it enables everyone to get through it together."

If you or a loved one is interested in learning more about Barton Hospice, call (530) 543.5581.

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