

# Learn about road bike riding from U.S. coach

Whether you're an experienced road cyclist or new to the sport, get your cycling season started off right with professional USA Cycling coach Ellen Sherrill on June 5 from 5:30-7:30pm.

Road Cycling 101 & 102 courses are designed to strengthen one's overall cycling ability and knowledge. Road Cycling 102 covers more complex group ride dynamics, and more advanced concepts in climbing, descending, cornering, and cycling training. All skill levels are welcome.

Cost is \$15 per clinic (cash or check only).

Riders meet outside Barton Rehabilitation & Sports Medicine (2170 South Ave. South Lake Tahoe) at Barton Memorial Hospital. All riders must have a road bike, helmet, proper attire and water.

To register, call (530) 543.5896