

# Editorial: Kids deserve a good breakfast

**Publisher's note:** *This editorial is from the July 5, 2013, Sacramento Bee.*

It's common sense that kids who start classes when they are reasonably fed are better able to learn.

But despite the resources available to provide breakfasts in schools, not enough is being done to provide proper morning meals for the students who need it most.

According to California Food Policy Advocates, only 27 percent of low-income students in Sacramento County participated in their school's breakfast program in the 2010-11 academic year. Involvement was similarly mediocre in Yolo and Placer counties, which posted rates of 24 percent and 31 percent, respectively.

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