

Lecture to focus on all things about tendonitis

“Tendonitis: State of the Art Treatment Options” will be the topic of Jonathan Finnoff’s lecture on Aug. 21 from 6:30 to 7:30pm at Lake Tahoe Community College’s boardroom.

Learn why tendons get injured, debunk the myth that tendon injuries are usually inflammatory, discuss the latest research regarding medications, exercise, and regenerative techniques to treat tendon injuries.

For more info, call 530-543-5537.