

Bodybuilding competition on South Shore

Tahoe Show – a National Physique Committee & International Federation of Bodybuilding sanctioned amateur and pro bodybuilding, figure, bikini, physique and fitness championship – is Aug. 24 at MontBleu in Stateline.

A grant from the Lake Tahoe Visitors Authority is allowing the Tahoe Show to add IFBB Pro Figure, bringing in pro female figure athletes from around the world.

Spectators will see the area's best athletes, live backstage interviews, celebrities and countless professional athletes on and off stage. Plus, spectators will have the chance to sample an array of health and fitness related items from vendors.

Those who cannot make it to the show can watch it on the Internet.

Expected at the show are about 250 competitors.

For tickets, information, registration and a full event schedule go online, email Chris@TahoeShow.com or call (775) 267.7564.