

# El Dorado offering flu shots

El Dorado County Health and Human Services Agency, Public Health Division will conduct low-cost community flu vaccination clinics starting Sept. 19, with additional clinics offered through mid-November.

The seasonal influenza vaccine will be available in nasal mist and flu shot forms at the clinics.

This season's nasal flu vaccine is quadrivalent, which means that it offers protection against four strains of influenza. The vaccine can be given to healthy, non-pregnant individuals that are 2 through 49 years of age.

The cost of the vaccine is \$10, but no one will be denied service due to inability to pay; cash or check accepted. Parents should bring their child's immunization records. Updated information on the community flu clinics will be posted online and on the County Flu Hotline at (530) 621.6188.