

# Government telling people which fish to eat

By Edward Ortiz, Sacramento Bee

A state environmental health agency has issued its first-ever set of statewide guidelines for eating fish from California's lakes and reservoirs, including many in Northern California and the Sierra.

The California Office of Environmental Health Hazard Assessment's advisories are meant to help the public decide what fish can be safely eaten – especially from hundreds of lakes and for reservoirs that have not had fish eating advisories established.

**[Read the whole story](#)**