

# Lecture to focus on brain health

Insights into Brain Health is the topic of a Sept. 5 lecture in Incline.

The Parasol Tahoe Community Foundation presents world-class experts from the Cleveland Clinic Lou Ruvo Center for Brain Health in a community forum on Alzheimer's, multiple sclerosis and Parkinson's.

Although the event is free, seating is limited so reservations are necessary – email [jeane@parasol.org](mailto:jeane@parasol.org).

The event is from 5:30-7:30pm at the Donald W. Reynolds Community Non-Profit Center, 948 Incline Way, Incline Village.