

Class targets aging boomers

The El Dorado County Commission on Aging, in collaboration with the El Dorado County Health and Human Services Agency, is offering a free training series for seniors entitled Boomer Ed 101.

The training will be held on three Monday nights (Sept. 16, 23 and 30) from 5:30 to 7:30pm at the El Dorado Hills Senior Center at 990 Lassen Lane in El Dorado Hills.

The training is targeted for people born between the years of 1948 to 1953, and will focus on several key topics: Medicare (including coverage, benefits, group and private health plans, Parts A, B, C and D); Social Security (when to claim, how it relates to Medicare, etc.); veteran's issues and more.

Guest speakers will include representatives from the Social Security Administration, the Health Insurance Counseling and Advocacy Program (Medicare counselors) and El Dorado County Veterans services.

The deadline to register is Sept. 9. A donation of \$15 per person or \$20 per couple is requested for the class series.

For more information about the training, including how to register, call (916) 358.3575.