

'How to Say No' topic of workshop

Creating boundaries is an important aspect of doing business. Tahoe Regional Young Professionals is hosting a workshop titled "How to Say No."

Alexis Robin of Nourish Life Coaching will be the keynote speaker Oct. 16 from 5:30-6:30pm.

The event will be at the Lake Tahoe South Shore Chamber of Commerce's board room in Stateline.

TRYP Professional Development Workshops are free for members and \$10 for non-members.